



*Meals prepared by TAFE SA Cookery students
served by TAFE SA Students*
Tuesday 14th October - Thursday 23rd October

MAIN COURSES

23.5 ea

Sous Vide Salmon Fillet (GF)

Paris mash, roasted and pickled radish, snow pea tendrils, lemon butter sauce

Fried Chicken Cotoletta (GFO)

fennel and petite green salad, romesco sauce

Lamb Pie

carrot purée, charred kale, peas, pan gravy

Handmade Ravioli (VE)

roasted mushrooms, pine nuts, vegan fetta, herb oil

DESSERTS

14.5 ea

Chocolate Beetroot Cake (VE, GF)

Fresh berries, Berry ganache, coconut yoghurt

Apple Olive Oil Pudding (GFO)

apple caramel, compressed apple, vanilla bean ice - cream

Passionfruit Bavarois

Fresh mango, passionfruit and vanilla gel, toasted crumb

HOT DRINKS

Tea Selection

English Breakfast, Earl Grey, Green, Chamomile, Peppermint

4.0 ea

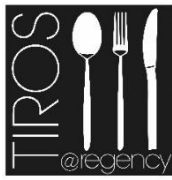
Coffee Selection

Espresso, Ristretto, Macchiato, Long Black, Flat White, Latte
Cappuccino, Mocha, Hot Chocolate, Chai Latte

4.5 ea

Milk Varieties – Full cream, Skim, Soy, Almond, Lactose Free, Oat

V-Vegetarian, **VO**-Vegetarian Option, **GF**-Gluten Free, **GFO**-Gluten Free Option, **VE**-Vegan, **VEO**-
Vegan Option, **DF**-Dairy Free, **DFO**-Dairy Free Option,
NF-Nut Free, **LF** – Lactose Free, **LFO** – Lactose Free Option



Welcome to TAFE SA Regency Campus Training Restaurants

The Training Restaurants at TAFE SA Regency Campus are South Australia's premier facilities for training the next generation of hospitality professionals in both a fine dining and informal dining atmosphere. Service is provided by our highly motivated team of students, supervised by our experienced hospitality lecturers with attention to detail for each service period. The cookery lecturers and their talented Commercial Cookery students ensure dishes are created with flair and passion. Our lecturers and students are dedicated to ensuring our guests enjoy the best possible experience when dining in our restaurants.

TIROS @ Regency

The informal dining experience at TIROS @ Regency has seating for up to 120 guests, indoors and al fresco, and is perfect for a quick business lunch, a celebration or casual dining. Training restaurants like TIROS @ Regency enable students to gain industry experience in a fully operational commercial setting.

Graduates Restaurant

Graduates Restaurant is perfect for cocktail parties, large or small dinners, private events and has seating for up to 120 guests.

Our unique position as SA's premier hospitality training organisation is evident as we ensure no element of your dining experience is overlooked.

Please contact our Restaurant Operations Manager directly on 8348 4348 to discuss your next dining experience or event details.

www.tafesa.edu.au/regency-international-centre/regency-restaurants

Results Deli

Results Deli offers a diverse selection of products all created here at Regency by our students using the best local ingredients and sold at very affordable prices. Products are produced by the Cookery, Bakery, Patisseries, Butchery and Applied Food students. Come and visit, have a coffee and look for yourself. You will be amazed at what we make here.

Product is available to purchase 9.00am to 3.00pm Tuesday to Friday.

