



*Meals prepared by TAFE SA Cookery students
served by TAFE SA Staff
Tuesday 30th September – Thursday 8th October 2025*

MAIN COURSES

23.5 ea

Rigatoni Puttanesca (VO)

sauce of olives, capers, spinach and anchovies (optional), Parmigiano Reggiano

Salmon Niçoise

sous vide salmon fillet, potato, black olive, crispy capers, green beans, soft boiled egg, balsamic caviar, smoked tomato vinaigrette

Crispy Skin Chicken breast (GF)

potato rösti, fennel, green pea and parmesan slaw, sauce au poivre

Open Lamb Flatbread (GFO, VEO)

slow roasted lamb shoulder, zucchini pickle, zhug, mesculin salad, citrus yoghurt dressing

Pork Satay

satay sauce, coconut rice salad, cucumber relish

DESSERTS

14.5 ea

Tiramisu

sponge biscuit, praline, espresso, mascarpone espuma

Petit Carrot Cake

cream cheese frosting, toasted walnuts, tuile

Chocolate Fondant

vanilla bean ice - cream, pistachio glass biscuit

HOT DRINKS

Tea Selection

English Breakfast, Earl Grey, Green, Chamomile, Peppermint

4.0 ea

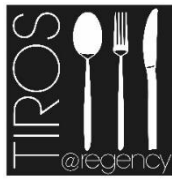
Coffee Selection

Espresso, Ristretto, Macchiato, Long Black, Flat White, Latte
Cappuccino, Mocha, Hot Chocolate, Chai Latte

4.5 ea

Milk Varieties – Full cream, Skim, Soy, Almond, Lactose Free, Oat

V-Vegetarian, **VO**-Vegetarian Option, **GF**-Gluten Free, **GFO**-Gluten Free Option, **VE**-Vegan, **VEO**-
Vegan Option, **DF**-Dairy Free, **DFO**-Dairy Free Option,
NF-Nut Free, **LF** – Lactose Free, **LFO** – Lactose Free Option



Welcome to TAFE SA Regency Campus Training Restaurants

The Training Restaurants at TAFE SA Regency Campus are South Australia's premier facilities for training the next generation of hospitality professionals in both a fine dining and informal dining atmosphere. Service is provided by our highly motivated team of students, supervised by our experienced hospitality lecturers with attention to detail for each service period. The cookery lecturers and their talented Commercial Cookery students ensure dishes are created with flair and passion. Our lecturers and students are dedicated to ensuring our guests enjoy the best possible experience when dining in our restaurants.

TIROS @ Regency

The informal dining experience at TIROS @ Regency has seating for up to 120 guests, indoors and al fresco, and is perfect for a quick business lunch, a celebration or casual dining. Training restaurants like TIROS @ Regency enable students to gain industry experience in a fully operational commercial setting.

Graduates Restaurant

Graduates Restaurant is perfect for cocktail parties, large or small dinners, private events and has seating for up to 120 guests.

Our unique position as SA's premier hospitality training organisation is evident as we ensure no element of your dining experience is overlooked.

Please contact our Restaurant Operations Manager directly on 8348 4348 to discuss your next dining experience or event details.

www.tafesa.edu.au/regency-international-centre/regency-restaurants

Results Deli

Results Deli offers a diverse selection of products all created here at Regency by our students using the best local ingredients and sold at very affordable prices. Products are produced by the Cookery, Bakery, Patisseries, Butchery and Applied Food students. Come and visit, have a coffee and look for yourself. You will be amazed at what we make here.

Product is available to purchase 9.00am to 3.00pm Tuesday to Friday.

