WHY TAFE SA FOR COMMUNITY SERVICES HEALTH AND LIFESTYLE?

TAFE SA students do more than sit in a classroom and work on theoretical examples. Your study in Primary Health and Wellbeing has been designed in conjunction with industry to bring out the best in you, and to fast-track your career or your move into other university studies. Your learning will be a mix of student-led learning and information provided by industry-savvy lecturers. In your small class – and through online learning or education – you will work on real-world examples and benefit from guaranteed primary health work involvement in the healthcare, community and social sectors.

This Associate Degree is a unique course offered at this level in Australia. Whether you are already a health or community-focused professional, or are beginning your venture into study, you will benefit from adopting strong primary health and wellbeing principles into your everyday work and life experiences. Academics teaching in this program come with national and international experience, which includes Africa, China, Malaysia and Thailand.
WHY STUDY PRIMARY HEALTH AND WELLBEING?

Primary Health encompasses an understanding of the social, economic, cultural and political causes of health. It is embraced by the World Health Organisation as it is the first level of contact individuals, families and communities have with the healthcare system.

As a primary healthcare worker, you might work with specific population groups such as:
- older persons
- maternity and child health
- youth health
- people living in rural and remote areas
- Aboriginal and Torres Strait Islander people
- refugees
- people from culturally and linguistically diverse or low socio-economic backgrounds.

You may also work with particular health and lifestyle conditions, such as sexual health, drug and alcohol services, oral health, cardiovascular disease, asthma, diabetes, youth, mental health, obesity and cancer.

Our Associate Degree in Primary Health and Wellbeing offers excellent support in your transition from high school, sector in Australia. The Community Services and Health Care sector in Australia is growing and changing as a result of:
- the increased demand for health services due to the ageing Australian population
- changes to service models to be consumer directed and person-centred
- Digital disruption and technological development which transformed the health industry and how people used healthcare.

Our Associate Degree in Primary Health and Wellbeing is embraced by the World Health Organisation as it is the first level of contact individuals, families and communities have with the healthcare system.

WHAT IS AN ASSOCIATE DEGREE?

An Associate Degree is a two year higher education program that provides a strong foundation for your discipline and will enhance your future career.

A TAFE SA Associate Degree gives you options. Study at this level will prepare you to go into the workforce immediately as a highly skilled employee, or you can go on to study with other universities in a related field using the credits you earn in your studies in the Associate Degree... it's the best of both worlds.

WHO IS THIS STUDY FOR?

- Existing professionals in the health and community services industry may wish to undertake subjects as professional development.
- Students who are capable of entering university studies and would like to begin that pathway at TAFE SA. The course offers excellent support in the transition from high school to university environment through smaller class sizes and more support from the academic staff due to more contact hours.
- Graduates of vocational education courses who wish to further develop their knowledge and skills by extending their area of expertise to work with a primary health and wellbeing perspective and increase their opportunity for consultation and collaboration with other professionals and community representatives in a variety of primary health settings.
- Through contemporary teaching and learning approaches, this multidisciplinary program will prepare graduates for a role within primary health, irrespective of their discipline background and career aspirations.

PRACTICAL EXPERIENCE

The Associate Degree provides you with opportunities to get job ready through:
- A guaranteed industry-related final year capstone project
- Guest industry speakers on topics that will complement your studies.

THE PROGRAM

ASSOCIATE DEGREE IN PRIMARY HEALTH AND WELLBEING

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2017 Student Fees:
- DOMESTIC (FEE-HELP available for eligible students) $12,250 per annum (indicative)
- INTERNATIONAL $34,500 (indicative)

ENTRY REQUIREMENTS

2017 ATAR: Quality for the South Australian Certificate of Education (SACE) or equivalent, and obtain a minimum Australian Tertiary Admission Rank (ATAR) of 60, or an International Baccalaureate Diploma with a minimum score of 24 points

Or one of the following:
- Any Health, Youth, Community or Lifestyle related qualification at Certificate III or above
- Completed at least one year (full-time equivalent) of a recognised higher education program at a university or a recognised higher education provider
- Achieved a minimum score of 140 in the Special Tertiary Admissions Test (STAT)

Assumed Knowledge: None

INTERNATIONAL ENTRY REQUIREMENTS

- Satisfactory completion of Year 12 or overseas equivalent
- Academic IELTS score of 6.0 overall with a minimum of 6.0 in all bands or equivalent.

INTRODUCTION

Primary healthcare can be provided in the home or in community-based settings such as in general practice, other private practices, community health, local government and non-government service settings for example, Aboriginal Community Controlled Health Services.

Healthcare and social assistance is the largest employing sector in Australia. The Community Services and Health Sector in Australia is growing and changing as a result of:
- The increased demand for health services due to the ageing Australian population
- Changes to service models to be consumer directed and person-centred
- Digital disruption and technological development which transformed the health industry and how people are managed.

The next generation of workers in the primary health settings will need to collaborate with the industry and those they support. This new primary healthcare role will be the future focus of healthcare organisations. TAFE SA is involved with the South Australian State of Wellbeing Strategy as a proud partner of the Wellbeing and Resilience Centre at the South Australian Health and Medical Research Institute. This Research Institute is leading a state-wide strategy to build wellbeing and resilience for individuals and organisations.

This Associate Degree will provide you with a firm foundation in the theory and work-related knowledge and skills for incorporating primary health and wellbeing into their practice. As a student you will be encouraged to explore ideas through individual and student led assignments and projects.

TYPICAL STUDY PROGRAM

In the first year of the program, you will be introduced to the concepts of primary health and wellbeing, issues and policy, the determinants of health and wellbeing, community development and cultural safety. You will also learn about enhancing health and wellbeing through health education, health promotion and professional law and ethics.

In the second year of the program, you will transition into the workplace through adopting important knowledge and skills such as research, leadership, management and building personal and professional resilience. The program will culminate in a primary health and wellbeing project which will be presented in a student-led conference. Please see the next page for further detail on the subjects you will study.

EMPLOYMENT

Your employment opportunities as a graduate are varied. You will be equipped to work in a range of areas including government, health, community, social and primary health settings.

FURTHER STUDY OPPORTUNITIES

You can take advantage of your Associate Degree and continue your studies at Flinders University in the Bachelor of Health Sciences (Health Promotion Major) and be granted with 54 credit points.

COURSE DURATION

Two years full-time or four years part-time.

LOCATION

Port Adelaide
WHAT YOU’LL STUDY

FIRST YEAR SUBJECTS

PRIMARY HEALTH AND WELLBEING
You will explore the development, structure and organisation of the Australian Healthcare system. The significant role that primary healthcare provision plays in an individual’s or community’s health and wellbeing in Australia and internationally will also be explored.

PRIMARY HEALTHCARE ISSUES AND POLICY
Explore the health and wellbeing of Australia’s communities and vulnerable groups and how healthcare policy is developed and implemented accordingly.

DETERMINANTS OF HEALTH AND WELLBEING
Many factors influence our health, wellbeing and quality of life. You will explore some of these factors and provide strategies for your development and incorporation of resilience for primary healthcare practitioners.

SECOND YEAR SUBJECTS

LEADERSHIP IN PRIMARY HEALTHCARE
This subject will prepare you in knowledge and skills related to organisational and leadership theory and strategies to enhance your practice as a primary healthcare practitioner.

CULTURE AND COMMUNITY SAFETY
Explore how culture can influence health and an individual’s or community’s engagement with healthcare provision. You will develop the capacity to achieve culturally safe primary healthcare practice.

HEALTH EDUCATION
Develop your capacity to incorporate health education knowledge and skills into primary healthcare practice. You will explore psychological and social concepts of health behaviour and how to plan a framework for effective primary healthcare teaching and learning.

HEALTH PROMOTION
Promoting health to the general community is an important way to create change and improve people’s health and wellbeing. In this subject, you will develop the knowledge and skills to engage with the community in planning and implementing health promotion activities.

LAW AND ETHICS IN PRIMARY HEALTH
Developing a working knowledge of professional responsibilities including ethical, legal and governance obligations is a central responsibility for a primary healthcare worker. This subject will develop your knowledge in these important concepts.

COMMUNITY DEVELOPMENT
You will explore the definition of community and how community development is conducted through a primary healthcare perspective. You will explore a particular community health issue and propose a relevant health promotion program for that identified issue.

KEY TRENDS

INDUSTRY STAKEHOLDERS HAVE IDENTIFIED THE FOLLOWING KEY TRENDS:

- Increased scope of support worker roles in aged care and disability to have a complex mix of diverse skills
- Increased demand for skills in business leadership, management and administration, and
- Greater emphasis on technological knowledge and skills.


SUPPORT SERVICES

We are committed to helping you achieve your career goals. By studying at TAFE SA, you will have access to a range of student support services to assist you to settle into study, make the most of your time on campus and get the best result for your effort.

To find out more visit: tafesa.edu.au/services

BEFORE YOU APPLY

BEFORE YOU APPLY, WE WOULD ENCOURAGE YOU TO DO SOME HOMEWORK.

It is important to understand the process of applying to TAFE SA and how long the application and enrolment processes will take. You may seek assistance through the TAFE SA website, however, if there are things that you may need to know about, especially if you are looking at using a TAFE SA qualification to gain entry into a university course at a later date.

HOW TO APPLY

All applications for TAFE SA Associate Degrees are made online at tafesa.edu.au. You may also find the following link useful: satac.edu.au/clarify-4

Applications are free and you can choose up to three course preferences in your application.

WHERE YOU STAND

You should take the opportunity to look at your own personal study and work history and consider whether to apply for credit, scholarship or even a study grant.

FEE-HELP FOR DOMESTIC STUDENTS

FEE-HELP is available for the Associate Degree in Primary Health and Wellbeing. FEE-HELP is a loan provided by the Australian Government to gain entry into another higher education course at a later date, when studying one or more eligible courses at an approved FEE-HELP provider. TAFE SA is an approved FEE-HELP provider.

More information is available at: tafesa.edu.au/fee-help

44 I chose to study the Associate Degree in Primary Health and Wellbeing to further develop my existing knowledge in the healthcare sector and to gain a wider understanding of the social determinants of health. As a current healthcare worker, I hope to broaden my employment opportunities as a result of my studies.

Emma Hall, current student, Associate Degree in Primary Health and Wellbeing